

# Conclusions, Challenges and Actions

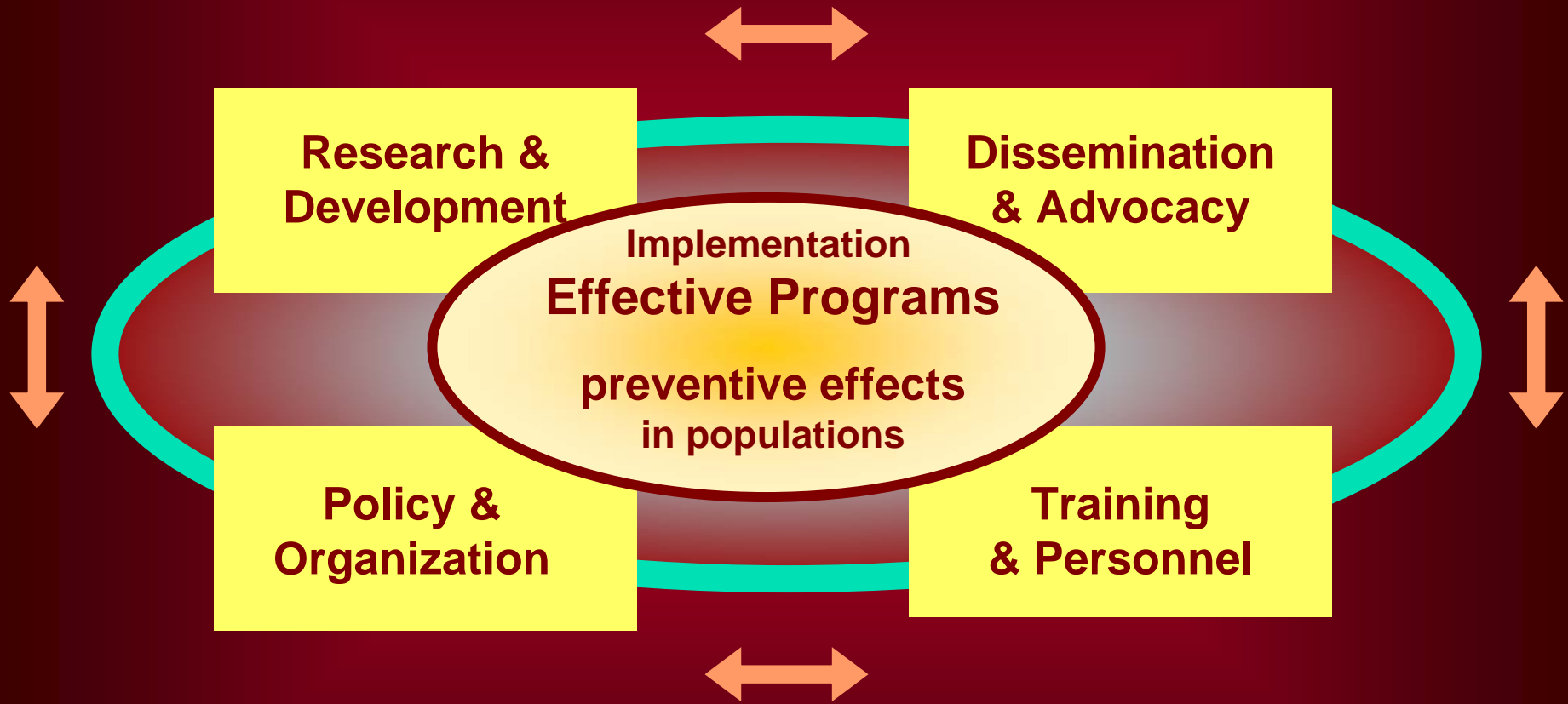
Clemens M. H. Hosman

Chair

Biennial Conference Planning Committee

Global Consortium for the Advancement of  
Promotion and Prevention in Mental Health (GCAPP)

**developing partnerships**



**Building a System for Effective Prevention and  
Mental Health Promotion**

# Conclusions, Challenges and Actions

## Research, Programmes and Strategies

- High level of comorbidity of multiple mental disorders, and interrelatedness of mental, physical and social problems
- Expanding the strategy spectrum: next generation. We need to learn about opportunities to link up, make use of and influence social policy (e.g. social service, urban planning, setting standards). Needs to develop indicator systems that could inform us about the impact of social policy and economic measures.
- More knowledge about the economic value of mental health, prevention and promotion is absolutely a core condition to be able to move prevention & promotion and its implementation forward in communities and countries.

# Conclusions, Challenges and Actions

## Research, Programmes and Strategies

- Prevention & Promotion should be linked to Human Rights. We need to understand better how those two fields are related. We need to think more strategically about how to link both fields to each other and reach mutual benefits
- We begin to learn about what influences the effectiveness of our interventions, the knowledge becomes translated into guidelines. More knowledge needed + dissemination.
- Going across countries and cultures and exchanging information and evidence-based programmes we become aware of the core impact of cultural factors. We need to invest more in learning about the impact of cultural factors and how to respond to them. Concrete proposals needed.

# Conclusions, Challenges and Actions

## Policy and Organization

- Prevention en Promotion in Mental Health need to become integrated in a comprehensive public health and health promotion strategy. We need to reflect on the implications
- Take seriously Eva's question 'Whose baby is it?' And the answer by participants 'It is everybody's baby'
- We need to give more focus to social policy as instrument to influence social conditions for mental health.
- Need to understand to powerful role of coalition building across sectors, and how to do this effectively.  
"Building Bridges"

# Conclusions, Challenges and Actions

Dissemination and Implementation

Reaching the population at large

- We have now many evidence-based programmes available, effective, potentially cost-effective, long term effects
- Current prevention and mental health promotion still reaches only a marginal part of the whole population and of populations at risk. Our public impact is poor.
- A range of valuable suggestions have been done to improve implementation and to improve the reach in the population. They deserve a prominent role on our policy, research and practice agendas (e.g. internet, political measures, media)

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## Building Capacity and Coalitions

- Supported need for developing an international network on training and capacity building
- Need expressed for international assessment of the needs for training and capacity building.
- Need to link needs and opportunities for training, responding to cultural and economic features of high, middle- and low-income countries

# Conclusions, Challenges and Actions

## **Global Consortium for the Advancement of Promotion and Prevention (GCAPP) in Mental Health**

Consortium has been extended with new member organizations and is based on a formal agreement on collaboration between:

World Federation of Mental Health (WFMH)

Clifford Beers Foundation

The Carter Center

International Union for Health Promotion and Education (IUHPE)

World Psychiatric Association

VicHealth

Education Development Center (EDC) and INTERCAMHS

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## **Global Consortium for the Advancement of Promotion and Prevention (GCAPP) in Mental Health**

International Journal on Mental Health Promotion becomes the official journal of GCAPP

GCAPP supports actively the organization of the 5<sup>th</sup> World Conference in Melbourne 2008

GCAPP is preparing an action plan responding to the needs and developments as expressed during this conference

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# 4<sup>th</sup> World Conference

## Promotion of Mental Health and Prevention of Mental and Behavioral Disorders

### **Scientific Programme Committee**

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# 4<sup>th</sup> World Conference

## Promotion of Mental Health and Prevention of Mental and Behavioral Disorders

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